#### **Alaminos**

Alaminos , Laguna is a 3rd class municipality 78.1 km southeast of Manila, bounded on the northeast by Sto. Tomas, Batangas, south by Calauan and Bay, and north by San Pablo. It has a population of 40,380 with 7466 households, and with a population density of 700/km2. The total land area is 57.4 km2 , and mainly agricultural (coconut) in produce. A few industrial establishments has been established in the town as well as commercial establishments along the Maharlika highway , in the new public market. Alaminos has 15 barangays, with 4 barangays with in the poblacion area.

The Local government unit is headed by Hon. Mayor Eladio M. Magampon. Vice-Mayor Wilson Villanueva presides over the Sangguniang Bayan, which has 8 elected members and 2 appointed members. The Rural Health Unit is located at the back of the Municipal building, behind the PNP office. There is one Municipal Health Officer, 1 Public Health Nurse and 4 midwives, 1 Sanitary Inspector, 1 Medical Technologist and a visiting dentist every week. There is 1 job order nurse and 5 RN Heals from the province.

The Rural Health Unit is headed by the undersigned. It has a staff of 1 public Health Nurse, 4 Rural Health midwives, 1 Sanitary Inspector, and 1 Medical Technologist. The health care delivery is assisted by our Barangay Rural health workers.

### Health Care Resources

#### **RHU of Alaminos**

Services	Activities	Schedule
Maternal & Child Health	Pre- natal examination to include: Tetox Iron Supplementation Breastfeeding Advocacy, 3 <sup>rd</sup> tri Referral to Dentist for OE Referral to Med. Tech for urinalysis Referral to M.O for high risk pregnancies Tracking	Every Friday
And Nutrition Services	Newborn care Referral for NBS Post partum ( home visit ) Iron & Vit. A Supplementation Post-partum care: Motivation & Family Planning & EPI IEC Recording & reporting Operation Timbang ( OPT ) Under five clinics High risk case 0 – 18 months Micronutrient Supplementation July Nutrition Month heightened advocacy Salt Testing Deworming Iron & Vit. A Supplementation Recording & reporting	Mon - Fri  Mon - Fri Quarterly  Mon - Fri Mon - Fri Mon - Fri Annual Mon - Fri Quarterly Mon - Fri Quarterly Mon - Fri Quarterly Mon - Fri Nutrition month Apr & Quarterly Monthly

EPI	BCG, Penta, OPV, Measles, MMR, Hepa- B, Tetox	Every Wednesday Morning
Reproductive Health/ Family Planning	Physical Assessment Provide different FP methods Pre marriage Counselling & methods IEC Follow up next visit Recording and reporting Ligation (c/o Marie Stopes)	Mon – Fri
		Quarterly Annually
TB in Children	Case Finding Assessment	Mon – Fri Mon - Fri
	Refer to MHO Schedule for PPD (c/o PPL) Provide Treatment Follow up Recording & Reporting	Mon – Fri If available Mon - Fri Mon - Fri Mon - Fri

TB in Adults	TBS Case Finding Sputum Collection	Mon – Fri except Wed	Free
	Referral for laboratory sputum smear Result refer to M.O. coordinator/ TB DC When needed Provision of anti – TB drugs Counselling & Health Education IEC Schedule of sputum follow up given Refer for any ADR to M.O. Refer MDR to MDR treatment Center	Mon - Fri Mon - Fri	
Dental Services	Management of Decentralized MDR case Recording & reporting  OE pregnant, non-pregnant School	Thursday	
	children and all ages Dental Extraction IEC distribution Health Education & counselling Recording & reporting		

Philhealth services	Consultation of members & dependents Provision of laboratory services ( CBC, Urinalysis, Fecalysis, FBS, Preg test ) Profiling	Mon - Fri	Free
Consultation and Dispensary Services (Adult & Pediatric)	Of all cases Provision of drugs Referral System Recording & Reporting Issuance of Medical Certificate	Mon - Fri	Free
Laboratory Services	Sputum microscopy CBC CBC with PC Fecalysis Urinalysis Pregnancy test Blood Typing Malarial thick smear	Mon - Fri	Free P 50.00 P 20.00 P 20.00 P 50.00 Free Free
Dengue Control	Monitoring Validation IEC		Mon - Fri
Rabies Control	Evaluation of walk – in animal bite victims Counselling/Health Education Provision of Tetox and antibiotics IEC Referral to Animal Bite Center	Mon - Fri	Free
Medico Legal Services	<ul> <li>Autopsy of referred cases</li> <li>Physical &amp; sexual abuse evaluation of referred DSWD cases</li> <li>Provision of medico legal certificate for PNP</li> <li>Court appearance</li> </ul>	As needs arises	Free
Environmental Sanitation Services	Monitoring of: Safe water supply Safe Sanitation Facilities Food Sanitation Food Handlers Issuance of Health certificate & Sanitary permit, burial and transfer permit & exhumation permit Food Handlers Class Vector control (Malaria & Dengue) IEC Distribution Salt Testing Distribution of Olyset net Attends to Sanitary Complaints OL Trap deployment	Daily	Free

Disease Surveillance	Follow up of referred cases for investigation and response Evaluation Specimen collection Feed backing Referral of cases  • Recording & reporting	Mon - Fri	
Diabetes Control	Case finding Screening Consultation & Treatment Counselling & Health education IEC Distribution Follow up of cases Referral of cases Monthly FBS Monitoring (when strips are available) BP and weight monitoring	Mon - Fri	Free

REDCOP	Case finding	Mon - Fri	Free
	Screening		
	Referral to M.O		
	Management & treatment		
	Counselling / Health Education		
	Follow up of cases		
	IEC Distribution		
	Referral of cases		
OTHERS	MEDICAL Mission		Free
	HEALTHY LIFESTYLE	As need arises	

## List of Health Care Personnel with Schedule in Alaminos

NAME	DESIGNATION	
Victoria Fule-Basilan MD CFP	Municipal Health Officer	
Dr. Adolfo Brena	Dentist (Visiting/Contractual)	
Ms. Lelita Flores	Public Health Nurse	
Ms. Jovelyn Silang	Medical Technologist	
Ms .Leisurelly Banzuela	Sanitary Inspector	
Ms. Donnabel Cayamanda	Casual (Nurse)	
Ms. Adoracion Espiritu	Administrative Assistants	
Ms. Norma Villanueva	Administrative Assistants	

NAME	DESIGNATION	SCHEDULE	AREA OF ASSIGNMENT
Nicon Castillo	RHM	Mon to Fri	Brgy. I,II,III,IV
Mrs. Emerita Padua	RHM	Mon to Thurs	San Agustin

		Every First Wednesday	Del Carmen
		Tues, Wed, Thur	San Benito
		Every First Wednesday	San Juan
Mrs. Erlinda Sanchez	RHM	Thurs & 4th Wed	San Andres
IVITS. ETIITIUA SATICITEZ	КПІУІ	Tues, 3rd Wed	San Ildefonso
		2nd Wed	Palma
	RHM	Mon & Tues	San Miguel
Mrs. Nellie Manalo		1st Wed	San Roque
		2nd Wed	San Gregorio
		Thurs & 4th Wed	Santa Rosa

## **Private Clinics in Alaminos**

OWNER	CLINIC	ADDRESS	NUMBER
		del Pilar street, Alaminos,	
Dr. Minerva Manalo	Pediatric clinic	Laguna	
		del Pilar street, Alaminos,	
Dr. Percy Villanueva	Medical Clinic	Laguna	
		del Pilar street, Alaminos,	
Dr. Edwin Villanueva	Medical Clinic	Laguna	
Dr. Clarinda		Jose Fule street, Alaminos,	
Magampon	Medical Clinic	Laguna	
		San Pedro street, Alaminos,	
Dr. Ramona Fe Basilan	Medical Clinic	Laguna	
	Dermatology	del Pilar street, Alaminos,	
Dr. Jeanette Masa	Clinic	Laguna	
		del Pilar street, Alaminos,	
Dr. Manzanero	EENT Clinic	Laguna	
		D. Fandino street, Alaminos,	
Dr. Pedro Castillo	Medical Clinic	Laguna	
		Juan Luna street, Alaminos,	
Dr. Emma Abrigo	Dental Clinic	Laguna	
		del Pilar street, Alaminos,	
Dr. May Manalo	Dental Clinic	Laguna	
		del Pilar street, Alaminos,	
Dr. Rochelle Barradas	Dental Clinic	Laguna	
		Jose Fule street, Alaminos,	
Dr. Almario Sisante	Dental Clinic	Laguna	
		Jose Fule street, Alaminos,	
Dr. Imelda Sisante	Dental Clinic	Laguna	

LABORATORY	OWNER	ADDRESS	NUMBER
Blesces Diagnostic			
Laboratory	Cesar Maldia	del Pilar street,Brgy I	
DBD Diagnostic	Ma. Dolores		
Laboratory	Monzones	del Pilar street,Brgy I	
Right Shot X-ray clinic	Francisco		

Belarmino		
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# Cost of Laboratory Services in MHO of ii. Alaminos as of 2012

Laboratory Exam	Cost
CBC/ Platelet	P 50.00
Urinalysis	<u>P 20.00</u>
Fecalysis	P 20.00
CBG	P 50.00
Direct sputum smear exam	free
Malarial smear	free